

**Second Professional B.A.M.S (Part I) Supplementary Degree Examinations,
September 2016**

Swasthavritta – I

Time: 3hours

Total Marks: 100

- Answer all questions
- Draw diagrams wherever necessary

Essays

(2x10=20)

1. Explain the changes happening during शरद ऋतु (Sharat Ritu) in nature and human body and mention the appropriate regimen.
2. Explain modern sewage disposal techniques and mention its advantages and disadvantages

Short notes

(10x5= 50)

3. Explain the importance and advantages of अभ्यङ्ग (Abhyanga) daily.
4. What are the levels of prevention. Explain.
5. Sources and deficiency disorders of vitamin A
6. Explain अष्टाहारविधि विशेषायतनानि (Ashta Ahara Vidhi Vishesha Ayatanas).
7. Describe the symptoms of छर्दि वेगधारण (Chardi Vega Dharana) and its treatment.
8. What is meant by जनपदोर्ध्वस (Janapadodhwamsa). Explain.
9. Explain the sources and preventive measures of air pollution.
10. Define disinfection and mention its types
11. Epidemiological features of measles.
12. Describe the methods of mosquito control in Kerala.

Answer briefly

(10x3= 30)

13. Define विरुद्ध (Virudha).
14. Define ब्रह्मचर्य (Brahmacharya)
15. WHO definition for health.
16. Define vaccine.
17. Differentiate between epidemic and endemic
18. Differentiate between host and reservoir
19. What is food fortification.
20. What is meant by BCG.
21. Milk hygiene
22. Advantages of दन्तधावन (Dantadhavana)
